

Hi there,

No hot takes this month. My brain has been smoothed out by tragedy after tragedy and the indisputable belief that things are only going to get worse :)

Here's how I am coping:

- \$5 donuts from Rose Ave bakery
- Redactle
- Showering in the dark, pretending I don't have a body
- Some moody Agnes Obel
- cold brew
- Elden Ring
- ibuprofen

Here's a roundup of good things I've read. Maybe you will enjoy reading over a nice cup of coffee before your next meeting.

LET'S CONSUME MEDIA

Books

- *The Obelisk Gate* by N. K. Jemisin. Has anyone read this series? DM me pls.
- And I'm halfway through *Hamlet*. Just coursing through all the high school required reading my public school didn't assign.

TV & Movies

- **Everything Everywhere All at Once.** I watched a movie!!! For the first time in like, 6 months. It was funny, touching, original... please remind me why every other blockbuster film shoved down our throats is a marvel movie or some needless prequel or sequel when content like this exists.

These are called "pieces" for some reason!

- [The Liberal Obsession With 'Disinformation' Is Not Helping](#) *"Disinformation" was the liberal Establishment's traumatic reaction to the psychic wound of 2016. It*

provided an answer that evaded the question altogether, protecting them from the agony of self-reflection. In other words, sometimes people are Republican on purpose!

- [Can you remember the plot of Avatar?](#)
- [I Always Told My Patients IUDs Were Over 99 Percent Effective. Then I Got Pregnant.](#) I don't see how we will be able to 'do no harm' in a post-Roe world.
- [My Time with Kurt Cobain.](#) (related: I revisited Nevermind, and it still hits)
- [Your Kids Are Not Doomed.](#) This piece has everything: Climate pragmatism, a Fredric Jameson quote, heat pumps & induction stoves, hope for humanity—which is good, even when it feels passé!
- [I've Always Struggled With My Weight. Losing It Didn't Mean Winning.](#) "Much of diet culture is a sublimated response to this crisis — an attempt to discipline the unruliness of the body, to transcend it, to prove that we are not, in the end, merely things."
- [My date with Denis Rodman.](#) Meaghan Garvey is like a mythical figure to me... who is she, how does she live this kind of life?
- [How San Francisco Became a Failed City](#) "This fight is about leftists versus liberals. It's about idealists who think a perfect world is within reach—it'll only take a little more time, a little more commitment, a little more funding, forever—and those who are fed up."
- And watch [Ziwe.](#) She doesn't miss.

back to our regular programming next month